

June 1st, 2009

Special points of interest:

- **APD Youth Enrichment Camp**
- **Summer Safety For Teens**
- **Recent Criminal Activity in Apex**
- **Pool Safety**
- **Citizens Academy Graduation**
- **Spring Shred Day**
- **Upcoming Events**

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Crime Prevention

Apex PD Youth Enrichment Camp

The Apex Police Department is proud to sponsor a new summer program geared toward local area youth who are between the ages of 11-14. The camp is completely free of charge. The goals of this program will be to develop life skills, self confidence and teamwork, as well as cultivating the relationship between the community youth and the Apex Police Department. Our hope is this program builds partnerships for safer communities and safer schools.

The program runs for one week on the following selected dates: July 13-17 or July 20-24. Activities to include dealing with Teen Obstacles (Drugs, Gangs, Peer Pressure), Physical Fitness and Wellness Challenges, Field Trips to the Wake County Public Safety Center, Wake County Court House and the Bond Park Ropes Course in Cary, NC.

The camp will begin at 9am and conclude at 12pm, allowing for flexibility on the days of the jail/court tours and visit to Bond Park in Cary, NC.



Applications can be picked up at the Apex Police Department Administrative Building A or contact Master Officer Matthew Mellenberger or Master Officer Jason Stone via email.

Matthew.mellenberger@apexnc.org

Jason.Stone@apexnc.org



“they still need to follow rules and understand that negative choices will continue to bring negative consequences.”



Summer Safety For Teens

The school year is almost over, which means that summer vacation is just a few weeks away. For teens, summertime is often split between time home alone, at a job, out with friends, or traveling. It's important for teens to know that even though their summer schedules may allow for more freedom than their academic schedules, they still need to follow rules and understand that negative choices will continue to bring negative consequences. Share these tips with teens to help them stay safe during their summertime ventures.

Staying safe when home alone

- Remember not to do anything while home alone that you aren't allowed to do when your parents are there.
- If you use the Internet, remember to engage in friendly and legal behavior. Be sure not to cyberbully or download pirated music/videos/software. Do not give any personal information (such as your address or phone number) to anyone you meet online. Never let people you meet online know that you are home alone.
- Don't let anyone in your home without a parent's permission. If something goes wrong while you're home alone, call a trusted adult or law enforcement officer to help you.

Staying safe at work

- Be sure not to work alone, especially after hours. Create a buddy system for walking to parking lots or public transportation.
- Keep your purse, wallet, keys, or other valuables with you at all times or locked in a closet, drawer, or locker. Mark other personal items with your name or initials.
- Know the exit routes and evacuation plans for your building.

Staying safe with friends

- Using alcohol or drugs is illegal and dangerous no matter where you are or who you are with. Using tobacco is dangerous, too. Don't allow yourself to give in to peer pressure or make poor choices.
- Pay attention to the road when driving with friends. Car accidents are one of the leading causes of death for teens.
- Before you leave your house, tell your parent or caregiver where you are going, who you are going to be with, and when you'll return.

Staying safe when traveling

- Carry traveler's checks instead of cash, and record information (serial numbers and item name) of any valuables you take on your vacation (such as cameras or mp3 players). Take a copy of the information with you, and leave one with a family member or trusted adult.
- Learn about your vacation destination before you arrive; know what sites you want to visit and how to get there using a safe, well-traveled route.
- Be sure to lock your room at your lodging place, and insist that everyone carry his or her key when outside the room. Remember not to give out your room number or invite strangers into your room.

Recent Criminal Activity in Apex

The Apex Police Department is investigating two incidents that occurred at the Apex community Park on 04/21/09. During the first incident a female jogger was the victim of an indecent exposure while the second was a victim of sexual battery and not injured.

A sexual battery is defined as a physical contact or touch of any of the sexual organs of another person whether accomplished directly, through the clothing of the person committing the offense or through the clothing of the victim, by force and against the person's will.

This type of incident is not common in Apex and there have been no sexual assaults previously reported at the Apex community Park. However, there are a few simple precautions that are recommended when out in public:

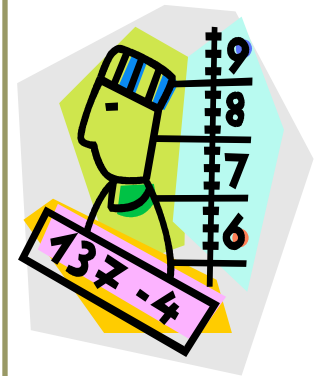
- Always be familiar with your surroundings. Take note of your location and what is around you.
- When walking in a park or other location travel with a companion.
- Carry a cell phone. This allows for quick access to calling 911 in case of an emergency.
- Carry a whistle or other noise making device that will draw attention if you need assistance.

If you have further information or have questions regarding this information please contact Detective Sergeant Sean Pearson via email at sean.pearson@apexnc.org.

Pool and Hot Tub Safety Checklist

- Never take your eyes off of children in the pool – even for a moment! If you're in a group, appoint a designated "water watcher," taking turns with other adults.
- While supervising, stay alert and avoid distractions like reading or the telephone.
- Teach children to swim after age 4.
- Teach children how to tread water, float and get out of the pool.
- Tell children to stay away from pool and hot tub drains.
- Tie up long hair securely to guard against drain entanglement.
- Don't rely on water wings or other inflatable toys. If your child can't swim, stay within an arm's reach.
- Never dive in water less than nine feet deep.
- If you find a drain cover that is loose, broken or missing, notify the owner or operator and do not enter the pool or hot tub.
- Keep gates to the pool area latched.
- Learn infant and child CPR.
- Look for lifesaving equipment by the pool.

Visit www.usa.safekids.org for more information!



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APEX POLICE DEPARTMENT

205 Saunders Street
Apex, NC 27502

Phone: 919-362-8661
Emergency: 911



Citizens Police Academy Graduation

The Apex Citizens' Police Academy concluded its 2009 program with a special graduation ceremony held on April 21st. The Citizens' Police Academy is designed to give the public a working knowledge of the Apex PD through comprehensive classroom instruction, demonstration, tours and hands-on activities.



For more information about joining the Citizens Police Academy contact [Officer Deborah Hansen](#).

Spring Shred Day Event



APD Officers and Volunteers from the Apex Citizens Police Academy and Explorer's Post 380 attended the spring Shred Day event held on April 18th.

Over 22,000 pounds of sensitive financial information was shredded in this one day event.

Thanks again to "A Shred Ahead" for helping our department making this event a success.



Upcoming Events

June

- June 4 Apex PD carrying the NC Special Olympics Flame of Hope
- June 17 Car Seat Check w/ Safe Kids Wake County 10a-1p (Babies R US Raleigh, NC)
- June 20 Bike Rodeo w/ Cary PD and Safe Kids Wake County 9-11a (First United Methodist Church Cary, NC)

July

- July 4 Independence Day
- July 13-17 Apex PD Youth Enrichment Camp
- July 20-24 Apex PD Youth Enrichment Camp

August

- August 4 National Night Out



Have a safe and happy 4th of July!